

# 40 Day Bible Reading Plan for Lent

February 14 - March 31, 2024

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**Ash Wed**

2/14: Psalm 51  
2/15: Psalm 27  
2/16: Psalm 130  
2/17: Psalm 143

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**Sunday**

2/18: Psalm 32  
2/19: Psalm 145  
2/20: Psalm 146  
2/21: Psalm 147  
2/22: Psalm 148  
2/23: Psalm 149  
2/24: Psalm 150

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**Sunday**

2/25: Psalm 95  
2/26: Psalm 6  
2/27: Psalm 25  
2/28: Psalm 5  
2/29: Psalm 102  
3/1: Psalm 105  
3/2: Psalm 31:9-16

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**Sunday**

3/3: Psalm 91  
3/4: Psalm 119:73-80  
3/5: Psalm 34  
3/6: Psalm 19  
3/7: Psalm 43  
3/8: Psalm 120; Psalm 121  
3/9: Psalm 122

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**Sunday**

3/10: Psalm 123  
3/11: Psalm 124  
3/12: Psalm 125  
3/13: Psalm 126  
3/14: Psalm 127  
3/15: Psalm 128  
3/16: Psalm 129

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**Sunday**

3/17: Psalm 130  
3/18: Psalm 131  
3/19: Psalm 132  
3/20: Psalm 133  
3/21: Psalm 134  
3/22: Psalm 84  
3/23: Psalm 23; Psalm 36

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**Palm Sun**

3/24: Psalm 118:1-4 & 19-29  
3/25: Psalm 69  
3/26: Psalm 71  
3/27: Psalm 16; Psalm 70

**Maundy Thu**

3/28: Psalm 31; Psalm 46; Psalm 116

**Good Fri**

3/29: Psalm 22  
3/30: Psalm 42; Psalm 143

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**Easter**

3/31: Psalm 118; Psalm 136

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**Reflection questions:**

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- How do you see your own emotions and circumstances in this psalm?
  - Who else might find themselves in this psalm?
  - What does it sound like to hear these prayers coming from Jesus' voice?
  - What does this psalm teach us about prayer?
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